Recent Advances in Ambulatory Care Literature from 2015-2016
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Key Points
- **Blood Pressure Control**
  - Intensive BP control compared with standard BP goals
  - Treatment options for resistant hypertension
- **Insulin Management in Type 2 Diabetes**
  - Basal plus regimen compared with biphasic insulin therapy in type 2 diabetics with suboptimal glucose control
- **Perioperative Anticoagulation Management**
  - Bridging therapy in atrial fibrillation patients undergoing invasive procedures

1. **Objectives**
   a. Review recently published literature related to ambulatory care and select chronic disease states
   b. Analyze recent clinical literature for potential impacts on ambulatory care pharmacy

2. **Other Ambulatory Care Advances in 2015 & 2016**

3. **Select recent publications in Ambulatory Care - defining clinical practice (from 2015-2016)**
   a. **Hypertension**
      i. Brief disease state background and therapy review
      ii. SPRINT Trial¹: study review and clinical practice implications
      iii. PATHWAY-2 Trial²: study review and clinical practice implications
   b. **Diabetes**
      i. Brief diabetes therapy review
      ii. LanScape Trial³: study review and clinical practice implications
   c. **Anticoagulation**
      i. Brief atrial fibrillation anticoagulation review
      ii. BRIDGE Trial⁴: study review and clinical practice implications

4. **Questions**

References