

PERSONAL INFORMATION

Name: _____

Date of Birth: _____

Pharmacy Name: _____

Phone Number: _____

Primary Physician: _____

Phone Number: _____

Other Physicians, including Specialists

Name: _____

Phone Number: _____

Name: _____

Phone Number: _____

ALLERGY INFORMATION

Allergy: _____

What Happened: _____

Allergy: _____

What Happened: _____

Allergy: _____

What Happened: _____

Allergy: _____

What Happened: _____

VACCINATIONS

(DATE)

Flu: _____ / /

Tetanus: _____ / /

Tdap: _____ / /

Pneumococcal: _____ / /

Other: _____ / /

Other: _____ / /

Other: _____ / /



408 Kalamazoo Plaza
Lansing, MI 48933

To access additional resources, please visit www.ThatsMyPharmacist.com.

THAT'S MY
PHARMACISTSM



My pharmacist is always there for me. They make sure all my questions are answered to keep me safe. Talking to my trusted pharmacist has helped me learn how to take care of myself. They help me understand my health and how to be well.

*Talk to your pharmacist today.
It may save your life.*



Brought to you by the Michigan Society of Health-System Pharmacists and Michigan Pharmacists Association

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The Importance of Taking Your Medications

If you take your medication(s) differently than your doctor prescribed, you could be putting your health at serious risk! Your pharmacist is here to help you take your medication(s) correctly and keep you healthy and well. Here are some important do's and don'ts when it comes to taking your medication(s).

Do:

- Talk with your pharmacist about pill boxes and other ways to help remember to take your medication(s)
- Take all of your medication(s) as you were told to, even if you start to feel better
- Use the same pharmacy to fill all prescriptions written by your doctor(s)
- Fill your medication(s) a few days before you are due to run out
- Dispose of your medication(s) properly. Ask your pharmacist how!
- Ask questions about your medication(s) or about financial assistance
- Tell your pharmacist if your doctor stops a medication

Don't:

- Stop taking your medication(s) because you feel better
- Take more or less medication(s) than you were prescribed
- Take someone else's medication(s)
- Share your medication(s) with anyone

Your Pharmacist's Role in Managing Your Medication

- Reviewing your medication(s)
- Educating you on how to properly take your medication(s)
- Helping to explain complex medication schedules
- Ensuring your medication(s) is working
- Working with everyone on your health care team to make sure you have the best and safest medication(s) for you
- Being there when you need them to answer your questions

Your Role in Managing Your Medication

- When you stop taking your medication(s), tell your pharmacist.
- When you were recently seen in the hospital, tell your pharmacist.
- Ask your pharmacist questions. Don't be afraid to speak up! Your pharmacist wants to help.
- Keep a list in your purse or wallet of every medication and over-the-counter medication you take (Use the detachable medication card in this brochure!)
- If you have allergies to any medication(s), tell your pharmacist and doctor first.
- If you start to feel different after taking a medication, tell your pharmacist or doctor right away.
- Talk with your pharmacist to learn the names of the medication(s) you're taking. Make sure you understand how to take your medication(s). Don't be afraid to ask your pharmacist to help you write down all the information, and be sure to tell your pharmacist how you are taking your medication(s).

Medications and Instructions

(include prescription and nonprescription, herbals, vitamins and supplements)

Drug Name: _____

Strength: _____

How Often: _____

Reason: _____

Drug Name: _____

Strength: _____

How Often: _____

Reason: _____

Drug Name: _____

Strength: _____

How Often: _____

Reason: _____

Drug Name: _____

Strength: _____

How Often: _____

Reason: _____

Drug Name: _____

Strength: _____

How Often: _____

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Drug Name: _____

Strength: _____

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Reason: _____