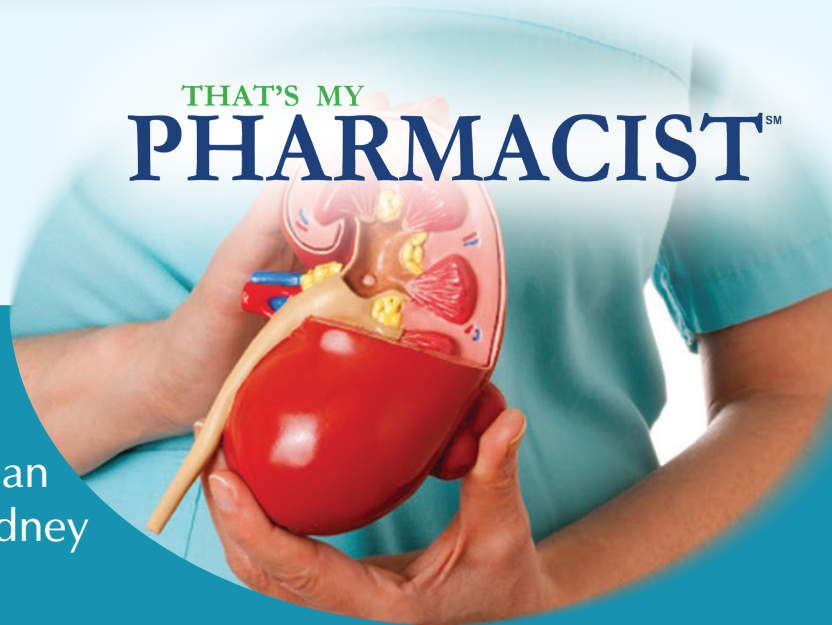


# Talk to Your Pharmacist Today About:

## National Kidney Month MARCH

THAT'S MY  
**PHARMACIST**<sup>SM</sup>



### DID YOU KNOW?

- Almost one in every 10 American adults has some level of chronic kidney disease, also known as CKD.
- CKD is a condition in which the kidneys are damaged and unable to filter wastes from the blood as well as healthy kidneys. The wastes in the blood build up and can cause other health problems.
- If you have high blood sugar and/or high blood pressure, you may have a higher risk of developing CKD.
- The average yearly health care cost for people with CKD is more than \$20,000.

### WHAT CAN YOU DO?

Ask your pharmacist about how to manage high blood pressure and blood sugar to help prevent this disease.



[www.Facebook.com/  
michiganpharmacists](https://www.facebook.com/michiganpharmacists)



[@MIPharmacists](https://twitter.com/MIPharmacists) | [#ThatsMyRPh](https://twitter.com/ThatsMyRPh)



MICHIGAN SOCIETY OF HEALTH-SYSTEM PHARMACISTS



MICHIGAN PHARMACISTS ASSOCIATION

Brought to you by the Michigan Society of Health-System Pharmacists and Michigan Pharmacists Association  
408 Kalamazoo Plaza | Lansing, MI 48933 | [www.ThatsMyPharmacist.com](http://www.ThatsMyPharmacist.com)