

# Talk to Your Pharmacist Today About:

## Chronic Obstructive Pulmonary Disease November

THAT'S MY  
**PHARMACIST**<sup>SM</sup>

### DID YOU KNOW?

- 24 million Americans are affected with chronic obstructive pulmonary disease (COPD)
- COPD is a chronic lung disease that makes breathing harder over time
- Tobacco smoke is the most common cause of COPD
- Quitting smoking is the best way to prevent or improve COPD
- COPD medication inhalers must be used to help the disease

### WHAT CAN YOU DO?

- Talk to your pharmacist about how you can prevent COPD and how to properly use COPD inhalers



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