Talk to Your Pharmacist Today About:

American Diabetes Month
November

DID YOU KNOW?
- 29 million Americans have diabetes - that’s almost 10 percent of the country’s population
- There are two kinds of diabetes: Type 1 and Type 2
- In Type 1 diabetes, the body doesn’t produce enough of the hormone insulin
  - Usually occurs early in life
- In Type 2 diabetes, the body becomes resistant to insulin
  - Usually happens over longer periods of time
- Insulin decreases the amount of sugar in your blood
  - Both very high and very low blood sugar are bad for your health
- Taking diabetes medications correctly is important to prevent worsening of the disease

WHAT CAN YOU DO?
- Talk to your pharmacist about diabetes and your medications

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