

Talk to Your Pharmacist Today About:

American Diabetes Month November

THAT'S MY
PHARMACISTSM

DID YOU KNOW?

- 29 million Americans have diabetes - that's almost 10 percent of the country's population
- There are two kinds of diabetes: Type 1 and Type 2
- In Type 1 diabetes, the body doesn't produce enough of the hormone insulin
 - Usually occurs early in life
- In Type 2 diabetes, the body becomes resistant to insulin
 - Usually happens over longer periods of time
- Insulin decreases the amount of sugar in your blood
 - Both very high and very low blood sugar are bad for your health
- Taking diabetes medications correctly is important to prevent worsening of the disease

WHAT CAN YOU DO?

- Talk to your pharmacist about diabetes and your medications



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