

# Talk to Your Pharmacist Today About:

## Healthy Aging Month September

THAT'S MY  
**PHARMACIST**<sup>SM</sup>



### DID YOU KNOW?

- According to AARP, 76 percent of Americans age 50 or older take at least one prescription continually
  - Reported average of four medications
- Cost is a major barrier to taking prescribed medications
- Average annual out-of-pocket prescription costs:
  - Age 50 - 64: \$237
  - Age 65 - 79: \$456
  - Age 80+: \$530

### WHAT CAN YOU DO?

- Talk to you pharmacist about how to lower your prescription costs
- Ask your pharmacist if you have any questions regarding your medications

#### References:

1. American Association of Retired Persons (AARP). Prescription Drug Use Among Midlife and Older Americans. *AARP* website. [http://assets.aarp.org/rgcenter/health/rx\\_midlife\\_plus.pdf](http://assets.aarp.org/rgcenter/health/rx_midlife_plus.pdf)
2. Georgetown University. Prescription Drugs, Data Profile Number 5. *Georgetown University Health Policy Institute*. <https://hpi.georgetown.edu/agingsociety/pubhtml/rxdrugs/rxdrugs.html>. Published Sept. 2002.



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